



Camp Staff

Anne Kordes – Head Coach

- 10 Years of coaching at the Division 1 level
- Led SLU to 2006 and 2008 NCAA tournament appearance
- 2006 & 2008 Atlantic-10 Coach of the Year; 2008 NCAA Northeast Region Coach of the Year; 2008 College Volleyball.com National Coach of the Year
- 10 years of coaching on the Youth and Junior National coaching staff.

- Assisted in guiding five teams to the NCAA tournament.



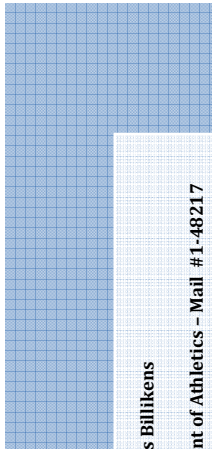
Kyle Walton

- Entering his 3rd year of coaching at the Division I level
- Former players' honors include 1 second team all Missouri Valley, 1 all-freshman first team, 1 all-academic all region.



Lisa Orlet

- Six years at Incarnate Word Academy the team had 5 final four appearances - 3 State Championships.
- 3 time Missouri Coach of the Year and 2005 ESPY award for best local high school coach in all sports.
- 7 years experience coaching in USA High Performance programs
- 18th year coaching volleyball
- Former Division 1 player at Kansas University, All Big 8 conference player 1990. Also was a 2009 member of the Incarnate Word Academy Hall of Fame.



Saint Louis Billikens

Department of Athletics – Mail # 1-48217

Saint Louis University

3330 Laclède Ave.

Saint Louis, MO 63103

**Anne Kordes’
Saint Louis University
Volleyball Camps
2009**



- July 6-8 Individual Camp 9-4**
- July 13-15 Individual Camp 9-4**
- July 27-29 Individual Camp 9-4**
- July 27-29 Specialty Camp 5-8**
- July 30-31 Team Camp 9-4:30**

All camp dates in compliance with the MSHSAA eligibility regulations.

Advanced Skills

- Advanced technical and tactical instruction
- Excellent preparation for high school season
- Qualified high-level international and collegiate level coaching staff including current Saint Louis University players

Developmental Skills

- For ages 14 and above
- Emphasis on fundamentals
- Beginning to intermediate systems of offense and defense

Rookies

- For ages 9-13
- Instruction and drills adapted for younger players in smaller groups
- Lots of "fun" activities to go along with high-level volleyball instruction

Team Camp – July 30-31 9AM- 4:30PM

- Team camp will consist of two days with ten total matches with at least two 45 minute long training session hosted by SLU camp staff.
- Schedule will be 9-12 session, lunch from 12-1:30, 1:30- 4:30 session.
- Each team must have a minimum of eight players.
- All camp applications must be sent together in one envelope.
- Both individual skills and team concepts such as offensive and defensive systems will be covered throughout the camp.
- This camp will include both training and a competition phase.
- Each team will be assigned an experienced coach who will personally oversee the team's training and competition schedule throughout the camp.

Specialty Sessions

- Recommended for those 15 and older. All participants will receive individual instruction from the SLU coaching staff on a specific position.
- 3 night sessions from 5:00 pm to 8:00 pm will be set-aside for specialty sessions.
 - Advanced, detailed instruction in the fundamentals and tactics of each skill will be taught in an intense 3 hour session.
 - Specific position topics will include setting, outside and right-side hitting, middle hitting, and defense.

Registration

Registration for camp will take place between 8:00 am – 9:00 am the first day of camp at Simon Recreational Center, located on the Frost campus of Saint Louis University. For online brochure please go to www.slubillikens.com.

Eligibility

Any camper age 9-18 is eligible to participate.

Location

Camps will be at the Frost campus of Saint Louis University in the air-conditioned Simon Recreational Center.

Parking

Parking for Saint Louis Camp is available in the Frost garage located on Laclede Avenue, directly south of the Simon Recreation Center. Parking charges are \$1.00 an hour; charges will not be validated.

Drop-offs/ Pick-ups

Drop-off and pick-ups for Saint Louis camp can be made at the Gonzaga lot behind Bauman-Eberhardt on Laclede Avenue. Camp supervisors will be on hand 40 minutes before camp begins and until every camper has been picked up.

What you need to bring.

Please dress in comfortable t-shirt and shorts, socks and athletic shoes. Knee-pads are recommended. Water will be available, but campers are welcome to bring a personal water bottle.

Lunch

Campers are welcome to bring their own lunch. There are several eateries in the Fusz food court located three buildings west of Simon Recreational Center. No camper will walk to the food court unsupervised.

Camp Confirmation

Camp confirmation will be emailed after the registration material is received. Please make sure the information on the confirmation is correct.

Supervision

The coaching staff supervises participants during instructional sessions and lunch break. No camper will ever be allowed to walk unsupervised through campus for any reason.

Trainers

Athletic trainers will be on duty throughout each volleyball camp. The trainers will deliver medical attention to anyone who becomes injured or ill and will dispense all primary athletic training needs. Saint Louis University Hospital facilities are at our camp's disposal should the need arise.

Discounts

Due to NCAA regulations, discounts are not available.

How to Register

Name

E-Mail

Address

City

State

Zip

Phone

2009-2010 grade

Date of birth

2009-2010 school

T-shirt size (adult)

small medium large X-large

Camp t-shirt included in the price of camp

Please check the camp(s) you wish to attend:

July 6-8 (\$210.00) 9:00 am – 4:00 pm

July 13-15 (\$210.00) 9:00 am – 4:00 pm

July 27-29 (\$210.00) 9:00 am – 4:00 pm

July 27-29 (specialty sessions; \$130.00)

5:00 pm – 8:00 pm

July 30-31 (\$250.00) 9:00 am - 4:30 pm

Please choose one of the sections:

(See details on first and second panels of this sheet. Only mark one section. If attending individual camp, please mark your level. If attending specialty camp, please choose the skill you want to specialize on)

Advanced Skills

Developmental Skills

Rookie

Specialty (setter)

Specialty (outside/right side hitter)

Specialty (middle hitter)

Specialty (defense)

Team Camp

For questions or to obtain additional brochures please contact Anne Kordes at 314-977-3254 or Kordes@slu.edu.

**Mail the application to:
Volleyball Camps
Saint Louis University Athletics
3330 Laclede Ave.
St. Louis, MO 63103**