

DR Volleyball Instructional Courses



These courses offer the correct “dosage” of safe and age-appropriate volleyball instruction to younger players. Courses are designed to provide an introduction and a fundamental, fun approach to volleyball. Accepting male and female “patients” in 4th grade thru High School. Each course includes six weeks of instruction, under the guidance of a "phd-like" teaching staff, who focus on skill development and game play including passing, setting, hitting, serving, digging, and blocking.

Wednesdays: 4th -6th grades, 5:15 p.m.-6:15 p.m.

Thursdays: 7th grade-HS, 5:15 p.m.-6:15 p.m.

\$100 per student

Session 1	8/13-9/18	Session 2	9/24-10/30
Session 3	11/5-12/18	Session 4	1/8-2/12
Session 5	2/19-3/26	Session 6	4/1-5/7
Session 7	5/13-6/18	Session 8	6/24-7/30

Register by phone with a Visa, Master Card or Discover. 314-822-5855

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Participant Name _____ Phone Number _____

Address _____ City, _____

State _____ Zip _____ Email Contact: _____

Grade: _____ Gender: Female Male

Session: S1 S2 S3 S4 S5 S6 S7 S8

Release for Participant by Parent: *In consideration of your accepting my child's entry, I hereby, for myself, my child, my heirs, executors and administrators waive and release any and all rights and claims for damages I or my child have against DR Volleyball, the City of Kirkwood, each of their representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups.*

Parent/Guardian Name _____ Signature _____ Date _____

Any allergies and medications we need to be aware of: _____

PLEASE MAKE CHECKS PAYABLE TO KIRKWOOD RECREATION DEPARTMENT

Mail to: Don LaChance, 111 South Geyer Road, Kirkwood, MO 63122

Or register by phone with a Visa, Master Card, or Discover. 314-822-5855

For more info call Rick at 314-691-7613